

# 2024/25 Forever Product Brochure



**Plant to  
Product  
to You**



FOREVER®



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These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

## A letter from our CEO, Gregg Maughan

For more than 46 years, Forever has remained committed to changing the lives of others through products that promote lasting health and wellness.

This company was built on the principles of quality, kindness, honor and the willingness to follow the road less traveled. A commitment to these values helped Forever grow from my father, Rex, selling aloe vera products out of our home to operating in over 140 countries throughout the world. Today, those principles stand as the foundation for our business.

As a vertically integrated company, we own our aloe fields, manufacturing facilities, research and development, quality control laboratories, and distribution channels. This gives us control over our products, ensuring quality, safety and customer satisfaction have always been our top priorities.

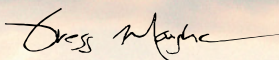
We rely on the unique combination of ingredients found in nature and advancements found in science to bring the best, most effective products to market — always with your health and wellness in mind.

And this year, we are excited to announce that our aloe vera plants grown in the Dominican Republic, and the inner leaf aloe vera gel extracted from them, are now USDA Certified Organic and EU Organic.

These esteemed designations are a testament to our continued dedication to environmental responsibility and prioritizing sustainability in our product offerings.

Our hope is that you will not only look better and feel better because of our products, but that you will also experience the positive, transformative change that Forever has brought to millions of lives around the world.

To your health,



**Gregg Maughan**  
CEO, Forever Living Products International



## From Plant to Product to You

With a “plant to product to you” philosophy, Forever is the largest aloe manufacturer in the world. With over 7,500 acres in Texas and the Dominican Republic, each year we grow 40 million aloe vera plants, on average, that are harvested and shipped to our product manufacturing facilities. But it’s not just any aloe vera. We only grow and harvest *Aloe barbadensis* Miller, which is the most nutritionally valuable variety of aloe.

Additionally, in 2024, Forever’s aloe vera plants grown in the Dominican Republic, and the inner leaf aloe vera gel extracted from them, attained USDA organic and EU organic certifications — a testament to Forever’s unwavering commitment to high-quality ingredients and agricultural stewardship.

Since 2200 B.C., people have been using aloe vera for its soothing qualities, and it’s no wonder why. Aloe vera has powerful, potential benefits that nourish the body inside and out. From aiding in digestion and promoting natural energy to soothing and conditioning the skin, pure inner leaf aloe vera gel is at the heart of everything we do at Forever. That’s why we own our process — our aloe fields, manufacturing facilities, research and development, quality control laboratories, and distribution channels — truly making what we do “from plant to product to you.”

### Plant Cultivation

Our aloe plants are carefully nurtured, and once the leaves reach maturity after about a year, each one is harvested by hand.

“We only harvest our aloe vera leaves after they have reached full maturity,” says Leonel Mesa, Senior Director of Operations. “This ensures that the largest amount of pure aloe vera gel, along with all of its nutrients, are preserved throughout the manufacturing process. Doing this by hand allows us to get the highest quality aloe to use in Forever’s incredible products.”



After removal from the plants, the leaves are transported to an on-site processing station where they are washed twice before being filleted by hand. This ensures the rind is fully removed and only the nutritious inner leaf gel is left.

Next, the aloe vera gel passes through several quality check stations, and any anomalies are removed before it travels to an aseptic tank for processing. This entire process is completed within six hours of harvesting so that all the aloe vera's beneficial properties remain intact.

During aseptic processing, the aloe is flash-heated to lock in the benefits and freshness, while safely reducing the level of impurities without the need for preservatives. This aseptic process has been proven to maintain over 300% more of the aloe's vitamin content, resulting in a final product that is fresh and nutritious. The pure aloe vera gel is then bulk-packed into large totes for transportation to our manufacturing facilities.

### Product Formulation

Aloe Vera of America (AVA) serves as the manufacturing hub for most of our aloe operations around the world. It is here where the production process, and the foundation for many of our products, begins. This state-of-the-art facility has the latest in manufacturing technology, laboratory testing equipment, and product research and development to produce beverages and cosmetics using pure inner leaf aloe vera gel as the primary ingredient.

"Due to the importance of product quality, we have a high level of procedure and documentation around our manufacturing processes," says Terry Harkins, AVA's Director of Quality Management.

As part of this process, once the inner leaf aloe vera gel arrives, it is tested to make sure it meets all



product specifications and is then flash-heated a second time. From here, the formula heads to the packaging line. Once final quality inspections and testing are performed, our aloe vera products are released for shipment.

### Delivery to You

After cultivation and formulation, it's time for distribution. Forever has regional distribution centers all over the globe that supply products to over 140 countries. This allows us to control lead times, reduce costs, and assure our quality standards are upheld throughout our distribution channels.

A complex system of cutting-edge technology ensures that each product you order is efficiently packaged. Once the order is fulfilled, the package is reviewed for accuracy and sealed with care to make sure that it arrives safely to your door.

"Our packaging philosophy for our packing employees is to 'create your own masterpiece,' something our Founder Rex Maughan instilled," says Peter van Eijk, Director of Operations at Forever Direct. "Every package should account for accuracy, efficiency and quality. When someone receives a Forever order, it should look like a gift, handled with love and care."

With Forever, the benefits of nature are backed by science. Our "plant to product to you" philosophy ensures that we can control the cost, and most importantly, the quality of our products at every step of the process. This means you can feel confident in knowing that you are getting the very best product to help you look and feel your best.



## Sustainable Solutions

Throughout this process, Forever continues to prioritize innovation and sustainability in several ways:

All the water used to clean and wash our aloe vera is recycled back into the aloe fields to help conserve water.

Aloe vera plants, like all plants, absorb CO2 during photosynthesis. With approximately 40 million aloe vera plants in our aloe fields, we have been able to make an impact on reducing atmospheric CO2 levels by cleansing the Earth of many tons of CO2.

For nine consecutive years, Aloe Vera of America has received the Blue Thumb Award, which certifies that it has met all local and federal pretreatment requirements for eliminating any possible pollutants.

Aloe Vera of America has International Organization for Standardization (ISO) certifications for water efficiency, energy efficiency, quality, environmental, occupational safety, and laboratory competence.

For nine consecutive years, Aloe Vera of America has received the P2 award from the Texas Commission on Environmental Quality for its waste recycling and minimization programs.

Forever Direct reduced shipping box sizes, switched to boxes made of 85% recycled material, and replaced plastic filling with paper filling.

Forever switched the packaging of Forever aloe vera gel drinks to PET bottles, which is 100% recyclable plastic, and ours is made from more than 50% post-consumer recycled content.

A herd of 3,000 goats provide natural weed control and over 6 million pounds of natural fertilizer each year in Forever's Dominican Republic fields.



**View our Plant  
to Product to  
You video!**

08





## Fundamental Nutrition

Vitamins and minerals are essential to helping your body function the way it should.

While a healthy diet and lifestyle certainly help, most people still benefit from the nutrient boost found in nutritional products and supplements. Adding these to your diet provides your body with what it needs to help maintain optimal health, including supporting immunity, digestion, energy, and an active lifestyle.

Forever's products are scientifically advanced — featuring clinically studied ingredients — and we are continually evaluating our formulas to ensure they provide the very best ingredients based on emerging science. What's more, our nutritional drinks contain up to 99.7% pure stabilized aloe vera gel, the heart of our company and many of our products.



## Drinks

Forever's stabilized aloe vera gel is the foundation for our drink products. Our inner leaf gel is hand-harvested from Forever's own aloe fields in Texas and the Dominican Republic, and it's aseptically processed, which allows the formula to remain free of added preservatives.

Forever's aloe vera gel is certified by the International Aloe Science Council for its aloe content and purity, so no matter which Forever drink you choose, you're getting the benefits of aloe, just as nature intended.

*"I have been taking Forever Aloe Vera Gel every morning and evening for 23 years now, and I will never stop doing that. Forever Aloe Vera Gel has natural, essential nutrition for my body."*

**Catharina Hansen Lidholm, Sweden**

#815, #8153, 7163 & #71612

### Forever Aloe Vera Gel™

Support a variety of healthy body functions including digestion and nutrient absorption with 99.7% pure inner leaf aloe vera gel.

#815 (1 Liter) / 0.115 CC

**GR: 33,67€ | CY: 31,29€**

#8153 (3 x 1 Liter) / 0.345 CC

**GR: 100,98€ | CY: 93,83€**

#7163 (3 x 330ml) / 0.114 CC

**GR: 33,67€ | CY: 31,29€**

#71612 (12 x 330ml) / 0.502 CC

**GR: 134,61€ | CY: 125,08€**

#7658

### Forever Aloe Mini Combo

330ml Forever Aloe Vera Gel™

330ml Forever Aloe Berry Nectar™

330ml Forever Aloe Peaches™

3 x 330ml / 0.114 CC

**GR: 33,67€ | CY: 31,29€**





#834, #8343, #7353 & #73512

**Forever Aloe Berry Nectar™**

The benefits of 90.7% pure aloe vera gel are delivered with the refreshing natural flavor of cranberries, which support urinary health, and sweet apples, which provide phytonutrients.

#834 (1 Liter) / 0.115 CC

**GR: 33,67€ | CY: 31,29€**

#8343 (3 x 1 Liter) / 0.345 CC

**GR: 100,98€ | CY: 93,83€**

#7353 (3 x 330ml) / 0.114 CC

**GR: 33,67€ | CY: 31,29€**

#73512 (12 x 330ml) / 0.502 CC

**GR: 134,61€ | CY: 125,08€**



#877, #8773, #7783 & #77812

**Forever Aloe Peaches™**

Drink in the nutritional benefits of 84.5% pure aloe vera gel with the flavor and nutrition of sun-ripened peaches.

#877 (1 Liter) / 0.115 CC

**GR: 33,67€ | CY: 31,29€**

#8773 (3 x 1 Liter) / 0.345 CC

**GR: 100,98€ | CY: 93,83€**

#7783 (3 x 330ml) / 0.114 CC

**GR: 33,67€ | CY: 31,29€**

#77812 (12 x 330ml) / 0.502 CC

**GR: 134,61€ | CY: 125,08€**



#836 & #8363

**Forever Aloe Mango™**

Experience the benefits of 86% pure aloe vera gel with the juicy sweetness of ripe mango, which is a great source of vitamin C.

#836 (1 Liter) / 0.115 CC

**GR: 33,67€ | CY: 31,29€**

#8363 (3 x 1 Liter) / 0.345 CC

**GR: 100,98€ | CY: 93,83€**



#8333

**Forever Aloe Combo Tripack**

1 Liter Forever Aloe Vera Gel™  
1 Liter Forever Aloe Berry Nectar™  
1 Liter Forever Aloe Peaches™

#8333 (3 x 1 Liter) / 0.345 CC

**GR: 100,98€ | CY: 93,83€**



## Fundamental Nutrition

#196

### Forever Freedom™

Aloe vera gel, chondroitin, glucosamine and MSM combine with a zesty orange flavor to help maintain healthy joint function, cartilage and mobility.

1 Liter / 0.158 CC

GR: 46,36€ | CY: 43,07€



Contains  
Aloe Vera  
Pulp



#71633

### Aloe plus Argi+

Power up with Argi+™ and Aloe Mini. Put your fitness goals in overdrive with the advanced nutrition of Argi+™ and Forever Aloe Vera Gel®, the perfect pair to help you look better and feel better.

3 x 330ml & 3 packets Argi+ / 0.139 CC

GR: 40,90€ | CY: 38,01€

#821

### FAB Forever Active Boost®

Get long-lasting energy with naturally occurring caffeine from guarana seed extract combined with B vitamins, acai fruit juice extract, and acerola and cranberry fruit juice powder.

250ml / 0.015 CC

GR: 4,28€ | CY: 3,98€

#822

### FAB X Forever Active Boost®

Take control of your day with FAB X. Contains guarana and complex vitamins B. With a delicious taste cherry, without sugar and without carbs to feel revived.

250ml / 0.015 CC

GR: 4,28€ | CY: 3,98€



Great  
Together

Forever Bee Honey is the perfect accompaniment to Aloe Blossom Herbal Tea. This 100% natural honey is mountain-harvested and imparts a pure touch of sweetness to every cup.

Learn more about Forever Bee Honey on page 31.



#670

### Forever MÓR™

Fuel your day with more Forever MÓR™. Contains taurine and is enriched with vitamins B3, B5, B6 and B12. Combining arabica and robusta coffee beans, this bold blend delivers rich chocolate notes with intense taste.

10 coffee capsules / 0.068 CC

GR: 13,54€ | CY: 12,58€

#200

### Aloe Blossom Herbal Tea®

Delicious both hot and iced, this caffeine-free tea combines the soothing flavors of spicy ginger and cinnamon with chamomile and orange peel for a relaxing feeling.

25 individual bags / 0.063 CC

GR: 19,78€ | CY: 16,75€

## Daily Needs

Supporting your health starts with your daily routine.

Even if you have a healthy diet, you're most likely still missing out on vital nutrients. Forever's daily supplements close this gap with essential vitamins, minerals and nutrients that support a variety of health needs including increased energy, healthy digestion, and bone health.

#622

### Forever Focus™

Using a clinically studied ingredient of citocholine plus other herbs and vitamins, this supports cognitive function, mental focus and attention.

120 capsules / 0.334 CC

GR: 104,47€ | CY: 88,46€



#613

### Forever Marine Collagen™

With a scientifically advanced formula, this collagen supports the appearance of firmer skin, helps improve skin's hydration and texture, and comes in a delicious tart berry flavor.

30 sachets (15ml) / 0.327 CC

GR: 102,28€ | CY: 86,61€





#068

**Forever Fields Of Greens™**

A blend of barley grass, wheat grass and alfalfa helps fill dietary gaps to nourish the body, along with cayenne pepper to maintain healthy digestion and circulation.

80 tablets / 0.056 CC

**GR: 17,65€ | CY: 14,95€**

#624

**Forever iVision®**

This advanced eye supplement supports healthy vision and helps filter blue light from digital devices using Lutemax 2020, a clinically studied ingredient derived from marigold extract.

60 softgels / 0.140 CC

**GR: 43,79€ | CY: 37,08€**

#439

**Forever Daily™**

This balanced blend of 55 vitamins and minerals uses the power of aloe in an exclusive AOS Complex™ to maximize nutrient absorption and complement a healthy lifestyle.

60 tablets / 0.080 CC

**GR: 25,06€ | CY: 21,22€**



**#656 Plant Protein Protein drink**

**Vegan - Dairy Free - Soy Free**

See more on page 22



#188

**Forever B12 Plus®**

Vitamin B12 and folic acid combine in an advanced time-release formula to help support metabolic processes, assist in the production of red blood cells, and promote a healthy immune system.

60 tablets / 0.072 CC

**GR: 22,39€ | CY: 18,96€**

#037

**Forever Nature-Min™**

Get optimal levels of 10 essential and trace minerals that contribute to electrolyte balance and support energy-yielding metabolism.

180 tablets / 0.084 CC

**GR: 26,41€ | CY: 22,37€**

#072

**Forever Lycium Plus™**

This blend of botanicals includes lycium, also known as goji berry, which provides phytonutrients and antioxidants shown to enhance the complexion and help maintain good vision and energy.

100 tablets / 0.153 CC

**GR: 47,70€ | CY: 40,39€**

#464

**Forever Fiber™**

Convenient fiber stick packs support healthy digestion and dissolve easily in your favorite beverage with no gritty texture.

30 packets / 0.090 CC

**GR: 28,23€ | CY: 23,90€**





# Forever Fiber™

Gluten-Free  
Water-Soluble  
High in Fibre  
Food Supplement

**30**  
Packets

Net Weight: 143 g



# Forever Calcium™

Food Supplement

**90**  
Tablets

Net Weight: 90.4 g

**Excellent  
Nutrition For  
The Family**



# VitQlize®

Men's Vitality Supplement  
Dietary Supplement

**60**  
Softgels



# VitQlize®

Women's Vitality Supplement  
Dietary Supplement

**120**  
Tablets



# FOREVER Kids

Children's Multivitamin  
Dietary Supplement

**120**  
Chewable Tablets

#206

## Forever Calcium™

A combination of calcium, vitamin D, zinc and magnesium supports bone health when combined with a healthy diet and regular physical activity.

90 tablets / 0.104 CC

**GR: 32,47€ | CY: 27,50€**

#374

## VitQlize® For Men

Formulated with ingredients like saw palmetto, pygeum, pumpkin seed and lycopene, this men's supplement provides natural support for testicular function and urinary health.

60 softgels / 0.120 CC

**GR: 37,44€ | CY: 31,70€**

#375

## VitQlize® For Women

An antioxidant-rich blend of botanicals including apple powder, passionflower, schisandra berry, and cranberry powder provides natural support for women's hormonal balance and urinary tract health.

120 tablets / 0.127 CC

**GR: 39,65€ | CY: 33,57€**

#354

## Forever Kids®

Specially formulated with the essential vitamins, minerals and other nutrients a growing body needs, this sugar-free, grape-flavored chewable is safe for children age 2 and older.

120 chewable tablets / 0.050 CC

**GR: 15,68€ | CY: 13,28€**

## Immune Health

Staying healthy is key to living the life you want and showing up for what matters most. Make sure your immunity doesn't slow you down with products that help support immune health function.

#048

### Forever Absorbent-C™

Get your daily value of vitamin C, which supports the immune system, fights free radicals, and benefits the skin, with this chewable tablet that has a honey and natural orange flavor.

100 chewable tablets / 0.063 CC

GR: 19,78€ | CY: 16,75€

#566

### Forever Immune™ Gummy

Support a healthy immune system with this blend of 10 vitamins and zinc in a vegan gummy formula that has a naturally sweet tropical fruit flavor. Suitable for vegans.

60 gummies / 0.148 CC

GR: 46,25€ | CY: 39,17€





Forever AloeTurm™ and Forever Absorbent-D™ are two new ways to help fortify your body. These convenient, highly absorbable supplements offer unique delivery systems through a hydrogel lozenge with Forever AloeTurm and a chewable tablet with Forever Absorbent-D — supporting you on your path to staying healthy anytime, anywhere.

**Learn more about the benefits of this product on page 46.**

## #355

### Forever ImmuBlend™

A blend of botanicals and proven ingredients like vitamins D and C, plus maitake and shiitake mushrooms, contribute to the healthy function of the immune system.

60 tablets / 0.099 CC

**GR: 30,91€ | CY: 26,17€**

## #610

### Forever Active Pro-B™

Promote a healthy digestive system and support immunity with over 8 billion CFU per serving and six synergistic probiotic strains.

30 capsules / 0.147 CC

**GR: 45,88€ | CY: 38,85€**

## #065

### Forever Garlic-Thyme™

Delivered in an odorless softgel, a super duo of both garlic and thyme support immunity while garlic also promotes cardiovascular health.

100 softgels / 0.084 CC

**GR: 26,41€ | CY: 22,37€**



Forever aloe vera gel drinks are the ideal way to take these immune-supporting supplements, as it helps with nutrient absorption.

**Learn more about the benefits of this product on page 10.**

## Active Lifestyle

Staying active supports your overall wellness physically, mentally and emotionally. Whether you run marathons, like to dance, do tai chi, or prefer to hike, movement is an essential component to a healthy lifestyle.

Select Forever products will help provide you with the support you need to maintain an active lifestyle, including helping with faster exercise recovery, promoting cardiovascular health, and building lean muscle.



### #312

#### Forever NutraQ10™

This combination of CoQ10, B vitamins and minerals in a convenient stick pack can support healthy heart function and circulation.

30 packets / 0.111 CC

**GR: 34,84€ | CY: 29,50€**

### #376

#### Forever Arctic Sea™

The exclusive blend of EPA and DHA omega-3 fatty acids with a never-fishy, always refreshing citrus flavor and aroma supports the health of key body systems including cardiovascular, digestive, immune, brain and eye.

120 softgels / 0.127 CC

**GR: 39,65€ | CY: 33,57€**

### #215

#### Forever Multi-Maca™

Designed for both men and women, this blend of maca and other natural ingredients may boost stamina, promote sexual desire, and encourage a relaxed, positive mood.

60 tablets / 0.113 CC

**GR: 35,38€ | CY: 29,96€**

### #264

#### Forever Active HA®

This advanced blend of joint-supporting ingredients, like ginger and turmeric root, helps keep you moving with the addition of hyaluronic acid, which promotes proper joint function by lubricating and cushioning joints.

60 softgels / 0.128 CC

**GR: 40,04€ | CY: 33,90€**

### #551

#### Forever Move™

Support a healthy range of motion, joint comfort, and promote fast recovery from exercise with this blend of curcumin and key proteins from eggshell membrane.

90 softgels / 0.250 CC

**GR: 78,04€ | CY: 66,08€**



Support your active lifestyle with these other products!

**Forever Freedom®  
& FAB Forever Active Boost®**  
Page 12

*"ARGI+ always gives the energy I need for all-day activities. It helps me recover and stay in good shape."*

**Petru Medan, Romania**

#656

**Forever Plant Protein™**

With 17 grams of protein per serving and a delicious natural vanilla flavor, this plant-based, non-gritty protein powder supports satiety, muscle mass and healthy bones.

390g / 0.223 CC

**GR: 69,75€ | CY: 59,06€**

#473

**ARGI+™**

Give your favorite drink a berry-flavored boost with the powerful amino acid L-Arginine, which helps support the cardiovascular system and promotes athletic performance.

30 packets / 0.254 CC

**GR: 79,29€ | CY: 67,14€**



#564

**Aloe Cooling Lotion**

With calming menthol, eucalyptus and camphor plus methyl sulfonyl methane (MSM), this rich yet light formula provides a cooling sensation to the skin.

118ml / 0.060 CC

**GR: 18,77€ | CY: 18,01€**

#205

**Aloe MSM Gel**

Pure inner leaf aloe vera and methyl sulfonyl methane (MSM) combine with herbal extracts to provide soothing relief and deep comfort.

118ml / 0.079 CC

**GR: 24,75€ | CY: 23,75€**



## Supplement Your Workouts

Use these supplements to support your body before exercising:

Use these supplements to support your body after exercising:



**ARG1+™**

Supports blood flow and the cardiovascular system



**Forever Move™**

Supports joint comfort and flexibility



**Forever Active HA®**

Promotes proper joint function



**Forever Lite Ultra™**

Contributes to lean muscle mass



**Forever Multi-Maca®**

Supports stamina



**Forever Plant Protein™**

Contributes to lean muscle mass



**Aloe MSM Gel & Aloe Cooling Lotion**

Supports soothing feeling after exercise

# 24

## F.I.T. Programs

Forever's four F.I.T. programs — DX4®, C9™, F15® and Vital5® — are each designed to help you achieve your goals, whether that's doing a reset each quarter to keep your body balanced (DX4), reaching your optimal weight (C9), gaining strength and stamina during regular exercise (F15), or supporting overall good health (V5).

We worked with nutrition and fitness experts to create these programs, so that you can benefit from a healthier lifestyle, no matter your goals.





#659

### DX4® Body Balancing System

Reset your health in just four days with this body-balancing system. DX4 balances physical health — using nutritional products and supplements plus healthy recipes — with mindfulness, goal setting and gratitude. All aspects of the program are designed to work together to help you experience an enhanced mind-body connection and improved whole-body wellness. DX4 can be completed quarterly and is an ideal precursor to doing C9.

0.560 CC

GR: 175,16€ | CY: 148,32€

*"My favorite Forever product is DX4. It's very effective and complete, and it makes you feel really good. It cleanses, harmonizes and reprograms."*

**Enikő Lehoczky, Hungary**

## Everything your body needs to reset

The nutritional products and supplements include:



**Forever Aloe Vera Gel™**  
Supports nutrient absorption



**Forever Plant Protein™**  
Supports satiety, muscle mass and healthy bones



**Forever Sensatiable™**  
Promotes a feeling of fullness



**Forever LemonBlast™**  
Supports the digestive tract



**Forever Multi Fizz™**  
Offers daily vitamins and aids in hydration



**Forever DuoPure™**  
Helps in the filtration of the body



**Forever Therm Plus™**  
Supports a healthy metabolism and energy levels



## F.I.T. Programs

*"C9 gives me energy and a feeling of lightness. I think there is no better way to cleanse the body and feed it with vitamins."*

**Gordana Zecevic, Serbia**



### **C9™ Nutritional Change System**

This nine-day nutritional change system combines five nutritional products and supplements with light movement and reduced-calorie recipes. C9 can be completed after DX4 as an ideal transition after a body reset.

● ● Vanilla & Chocolate

- #475 C9 Forever Aloe Vera Gel - Forever Lite Ultra Vanilla / 0.495 CC
- #476 C9 Forever Aloe Vera Gel - Forever Lite Ultra Chocolate / 0.495 CC
- #625 C9 Forever Aloe Berry Nectar - Forever Lite Ultra Vanilla / 0.495 CC
- #626 C9 Forever Aloe Berry Nectar - Forever Lite Ultra Chocolate / 0.495 CC
- #629 C9 Forever Aloe Peaches - Forever Lite Ultra Vanilla / 0.495 CC
- #630 C9 Forever Aloe Peaches - Forever Lite Ultra Chocolate / 0.495 CC

**GR: 153,58€ | CY: 130,05€**



### Vital5™ Advanced Nutrition Made Simple

Support an ongoing healthy lifestyle with this set of five essential Forever products. They work together to bridge nutritional gaps, support immunity, promote natural energy, aid in digestion, and provide key nutrients your body needs to function at its most optimally. You'll also receive an easy-to-follow supplement schedule along with optional exercises and lifestyle tips from the F.I.T. program. Vital5 can be done on an ongoing basis (except during DX4 and C9).

- #456 Vital5 Forever Aloe Vera Gel / 1.000 CC
- #457 Vital5 Forever Aloe Berry Nectar / 1.000 CC
- #458 Vital5 Forever Aloe Peaches / 1.000 CC

**GR: 320,32€ | CY: 271,24€**

### F15™ Nutritional Weight Management Program

Build a healthy fitness foundation through this 15-day program that balances nutrition with exercise for multiple fitness levels. The workouts and nutritional guidance are complemented by nutritional products and supplements to support your ongoing commitment to a healthy lifestyle. Through F15, you'll change the way you think about food and exercise while building lean muscle. F15 can be completed after C9 to help you stay on course in achieving your weight loss and fitness goals every month.

●● Vanilla & Chocolate

- #528 F15 Beginner 1 & 2 Forever Lite Ultra Vanilla / 0.612 CC
- #529 F15 Beginner 1 & 2 Forever Lite Ultra Chocolate / 0.612 CC
- #532 F15 Intermediate 1 & 2 Forever Lite Ultra Vanilla / 0.612 CC
- #533 F15 Intermediate 1 & 2 Forever Lite Ultra Chocolate / 0.612 CC
- #536 F15 Advanced 1 & 2 Forever Lite Ultra Vanilla / 0.612 CC
- #537 F15 Advanced 1 & 2 Forever Lite Ultra Chocolate / 0.612 CC

**GR: 193,46€ | CY: 163,82€**

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## Weight Management

Maintaining a healthy weight is important for overall health. Especially as you age, not only does having optimal weight keep you looking and feeling your best, but it can also help you prevent health complications.

Forever's powerful weight management products are formulated with scientifically advanced, high-quality ingredients to help you get the results you're looking for, whether you want to lose weight or build lean muscle. Use them to supplement your healthy lifestyle at home and on the go.

#665

### Forever Sensatiable™

Curb cravings with a naturally sweetened, lemon-flavored chewable tablet that combines oats and yeast hydrolysate to help you feel full longer.

64 chewable tablets / 0.105 CC

GR: 32,81€ | CY: 27,78€



*"Forever Lite Ultra Chocolate is my lifesaver when I need chocolate. It tastes creamy and chocolately, and I drink it with a clear conscience because I know how valuable it is for my body. Since I started drinking it, my chocolate cravings have lessened a lot."*

**Melanie Everdiking-Hinz, Germany**

**#463**

**Forever Therm™**

Help your body metabolize carbs, proteins and fats with this specific blend of green tea, naturally derived caffeine, raspberry ketones and B vitamins.

60 tablets / 0.139 CC

**GR: 43,52€ | CY: 36,85€**

**#470 & #471**

**Forever Lite Ultra™**

This great source of vitamins and minerals includes 18 amino acids and 17 grams of vegetarian-sourced protein per serving in a choice of a natural vanilla or chocolate flavor.

● Vanilla & Chocolate

#470 Forever Lite Ultra Vanilla  
375g / 0.100 CC

**GR: 31,38€ | CY: 26,57€**

#471 Forever Lite Ultra Chocolate  
390g / 0.100 CC

**GR: 28,59€ | CY: 26,57€**

**#289**

**Forever Lean™**

Support your weight loss goals with this supplement that blends natural ingredients, including Indian fig and white kidney bean, to block the absorption of some of the fat and carbohydrate calories you ingest.

120 capsules / 0.137 CC

**GR: 43,75€ | CY: 37,05€**

**#520**

**Forever Fast Break™**

Boost your energy with the classic peanut butter and chocolate-covered energy bar that contains 12 grams of protein per serving and a blend of vitamins and minerals.

56g / 0.018 CC

**GR: 5,02€ | CY: 4,67€**

**#071**

**Forever Garcinia Plus™**

Complement your healthy lifestyle with this supplement featuring the Garcinia cambogia fruit, which contains hydroxycitric acid, a compound that has been shown to temporarily inhibit the body's conversion of carbohydrates into fats and help suppress appetite.

70 softgels / 0.153 CC

**GR: 47,70€ | CY: 40,39€**



# 30

## Bee Products

Support your health and wellness with the power of bees. Playing a vital role in nature, bees pack their hives with beneficial substances that fuel the body and mind. In fact, bee products are known to support the body's defenses and boost energy.

At Forever, we believe honey producers have a responsibility to protect bee colonies and help them grow, which is why we partner with those who are dedicated to sustainable sourcing and responsible practices. Forever's bee products include mountain-harvested honey and a variety of products to support your health in any season.





#036

**Forever Royal Jelly™**

Made of the same substance that feeds the queen bee, this natural energy booster supports overall health and wellness.

60 tablets / 0.134 CC

**GR: 41,86€ | CY: 35,44€**

#027

**Forever Bee Propolis™**

Propolis, the material bees create to protect their hives, has been found to help support the body's immunity and help combat free radicals.

60 chewable tablets / 0.121 CC

**GR: 37,75€ | CY: 31,97€**

#026

**Forever Bee Pollen™**

Get the power of pure bee pollen, which supports natural energy and stamina, in an easy-to-take tablet.

100 tablets / 0.063 CC

**GR: 19,78€ | CY: 16,75€**

#207

**Forever Bee Honey™**

Enjoy the sweet, rich and smooth flavor of 100% natural mountain-harvested honey.

500g / 0.070 CC

**GR: 20,04€ | CY: 18,62€**

#051

**Aloe Propolis Creme**

This combination of pure aloe vera gel, bee propolis and antioxidant vitamins nourishes, soothes and rejuvenates your skin's tone and texture.

113g / 0.079 CC

**GR: 24,75€ | CY: 23,75€**

# 32

## Skin Care

Skin is the body's largest organ, so it's important to have a skin care routine for both face and body that supports it. Your lifestyle, nutrition and environmental stressors like the sun all affect your skin, which can impact your health — making it even more important to nourish and protect skin.

Forever has combined aloe vera with other natural and scientifically advanced ingredients to create powerful formulas designed to moisturize and soothe skin while providing results from head to toe.







## Facial Care

Forever makes building a facial skin care routine easy with three lines of products that address a variety of skin types and concerns. Most of these products include Forever's proprietary stabilized aloe vera gel, which soothes and supports skin. Start with the basics — cleanse, tone, target and moisturize — and customize your routine from there, plus learn which facial care products are best for you on pages 38-39.

### #553

#### Infinite By Forever™ Advanced Skincare

The Infinite by Forever skincare system targets aging from inside and outside with a combination of pure aloe vera, botanicals and scientifically advanced ingredients.

This advanced skincare system includes one of each product: Infinite by Forever Hydrating Cleanser, Infinite by Forever Restoring Crème, Infinite by Forever Firming Complex, and Infinite by Forever Firming Serum.

0.700 CC

GR: 218,51€ | CY: 209,70€



### #554

#### infinite by Forever™ hydrating cleanser

Gently cleanse dirt, oil and makeup from the skin with botanicals and vitamin-rich ingredients that combine into a milky, hydrating formula without sulfates.

118ml / 0.105 CC

GR: 32,79€ | CY: 31,46€

### #558

#### infinite by Forever™ restoring crème

Containing over 15 skin conditioning ingredients, this quick-absorbing restoring crème contains anti-aging ingredients to support the tone and texture of youthful skin.

42g / 0.232 CC

GR: 72,45€ | CY: 69,53€

### #556

#### infinite by Forever™ firming complex

Support signs of aging from the inside out with this beauty nutritional that contains French melon, marine collagen and vitamin C to fight free radicals and increase skin's flexibility and hydration.

60 tablets / 0.207 CC

GR: 64,63€ | CY: 54,73€

### #555

#### infinite by Forever™ firming serum

Increase the appearance of skin's firmness with this scientifically advanced formula that reduces the appearance of fine lines and wrinkles while supporting skin's elasticity and tone.

30ml / 0.208 CC

GR: 64,96€ | CY: 62,34€

#609

**Sonya® Daily Skincare System**

The Sonya daily skincare system contains four products to meet all your facial skin care needs, each including the power of aloe and select botanicals.

This daily skincare system includes one of each product: Sonya Refreshing Gel Cleanser, Sonya Refining Gel Mask, Sonya Soothing Gel Moisturizer, and Sonya Illuminating Gel.

0.341 CC

**GR: 106,66€ | CY: 102,36€**

*"I love Sonya refreshing gel cleanser because since I started using this product, the skin on my face has become really healthy looking, clean and soft. Having clean skin makes me more confident in myself and also makes me smile more."*

**Popa Irina Elena, France**



#605

**Sonya™ refreshing gel cleanser**

Thoroughly clean your skin without that tight feeling with this soft, rich lathering gel, ideal for cleansing and nourishing combination skin.

118ml / 0.094 CC

**GR: 29,40€ | CY: 28,22€**

#607

**Sonya™ refining gel mask**

Support the skin's appearance while you sleep with botanical and moisturizing ingredients that brighten the appearance of the skin tone, promotes a healthy-looking skin, and nourishes the skin without feeling greasy.

59ml / 0.094 CC

**GR: 29,40€ | CY: 28,22€**

#608

**Sonya™ soothing gel moisturizer**

With over 10 natural plant extracts and oils, collagen and amino acids, this gel moisturizer leaves skin feeling refreshed and moisturized.

59ml / 0.103 CC

**GR: 32,22€ | CY: 30,92€**

#606

**Sonya™ illuminating gel**

A combination of Asian botanicals, licorice root and algae smooths and softens the complexion, helping your skin glow.

28.3g / 0.089 CC

**GR: 27,84€ | CY: 26,72€**

## Skin Care / Facial Care

Forever's targeted line of skin care includes essential products such as toner, exfoliator, hydrating serum, and eye cream that utilize the power of pure aloe vera gel to nurture skin.



#559

### Smoothing Exfoliator

Physical exfoliants of jojoba beads and bamboo powder, plus bromelain and papain, replenish the skin and reveal a brighter-looking, smoother tone and texture.

60ml / 0.073 CC

GR: 22,78€ | CY: 21,86€

#664

### Aloe Bio-Cellulose Mask

The bio-cellulose fibers used to make this mask fit every contour of your face while the aloe vera- and green tea-enriched serum rejuvenates, soothes and moisturizes skin.

3 individual masks x 25g / 0.127 CC

GR: 39,68€ | CY: 38,08€

#645

### Protecting Day Lotion

Keep your skin protected from harmful UVA/UVB rays with this SPF 20 natural mineral sunscreen that contains more than 20 skin-conditioning ingredients and goes on smoothly with a flawless finish.

60ml / 0.146 CC

GR: 45,62€ | CY: 43,78€

#618

### Hydrating Serum

Quickly plump the appearance of your skin with this fast-absorbing serum that boosts hydration with aloe vera and four types of hyaluronic acid.

50ml / 0.140 CC

GR: 43,79€ | CY: 42,03€



**NEW!**

**#560**

**Balancing Toner**

Using toner between cleansing and moisturizing helps ensure the skin is fully cleansed. This blend of hyaluronic acid and botanicals soothes and hydrates while minimizing the appearance of pores.

130ml / 0.087 CC

**GR: 27,19€ | CY:26,10€**

**#561**

**Awakening Eye Cream**

This combination of peptides, botanicals and collagen helps to diminish the appearance of dark circles and puffiness, so that your eyes appear rested, alert and rejuvenated.

21g / 0.073 CC

**GR: 22,78€ | CY: 21,86€**

**#612**

**Aloe Activator**

With over 98% aloe vera gel, this unique liquid delivers moisture to the skin using a combination of allantoin and aloe with its many essential components like vitamins A, C and E.

130ml / 0.064 CC

**GR: 16,62€ | CY: 15,95€**

**#651**

**Deep Moisturizing Cream**

Quench your skin's thirst with this ultra-rich formula that blends aloe, ceramides, peptides and botanicals to restore skin's suppleness.

71g / 0.133 CC

**GR: 41,55€ | CY: 39,88€**

**#653**

**Replenishing Skin Oil**

Get smoother-looking skin and restore moisture with this light, silicone-free fluid containing retinol and a blend of vitamin E, aloe vera and borage seed oil.

30ml / 0.121 CC

**GR: 37,81€ | CY: 36,28€**



**#069**

**R3 Factor®**

Retain, restore and renew your skin with this unique formula combining alpha hydroxy acids, vitamins A and E, and collagen to gently exfoliate and revitalize skin.

56.7g / 0.138 CC

**GR: 43,20€ | CY: 41,46€**



**#341**

**Mask Powder**

Designed to be combined with Aloe Activator, this powerful mask of chamomile, kaolin and allantoin cleans, smooths and tightens skin.

29g / 0.070 CC

**GR: 21,99€ | CY: 21,11€**



# Create a Routine That Suits Your Skin

Whether you have dry, oily or combination skin, Forever has three lines of products to support your facial skin care concerns. Use the chart on the next page to easily build a six-step routine that supports your skin, based on your unique needs.

	01 Cleanse	02 Exfoliate	03 Tone	04 Target	05 Moisturize	06 Protect
#553 infinite by Forever™ Advanced Skincare Kit	●			●	●	
#554 infinite by Forever™ hydrating cleanser	●					
#558 infinite by Forever™ restoring crème					●	
#555 infinite by Forever™ firming serum				●		
#609 Sonya™ Daily Skincare System	●		●	●	●	
#605 Sonya™ refreshing gel cleanser	●					
#607 Sonya™ refining gel mask				●		
#608 Sonya™ soothing gel moisturizer					●	
#606 Sonya™ illuminating gel				●		
#559 Smoothing Exfoliator	●	●				
#664 Aloe Bio-Cellulose Mask				●		
#645 Protecting Day Lotion					●	●
#618 Hydrating Serum				●	●	
#560 Balancing Toner			●			
#561 Awakening Eye Cream				●		
#612 Aloe Activator			●	●		
#651 Deep Moisturizing Cream					●	
#069 R3 Factor®		●			●	
#653 Replenishing Skin Oil				●	●	
#341 Mask Powder <small>dissolved in Aloe Activator (#612)</small>			●	●		
#284 Aloe Avocado Face & Body Soap	●					
#238 Forever Aloe Scrub™		●				
#070 Gentleman's Pride™			●		●	
#063 Aloe Moisturizing Lotion					●	
#617 Aloe Sunscreen						●

● Normal to dry skin    ● Normal to oily skin    ● Any skin type

## Body Care

Clean and moisturize from the top down with Forever's body care products. From hair care to body wash to lip moisturizer, each product features pure, inner leaf aloe vera gel that delivers a soothing sensation from head to toe. Experience the power of aloe with these everyday body care essentials to support healthy-looking skin and hair.



#063

### Aloe Moisturizing Lotion

Condition and moisturize the hands and body with this thick lotion that combines pure aloe, apricot kernel oil, jojoba and vitamin E.

118ml / 0.064 CC

GR: 20,18€ | CY: 19,36€

#641

### Aloe-Jojoba Conditioner

Keep hair soft, shiny and manageable with this light, pH-balanced conditioner formula fortified with vitamin B5 and jojoba oil to strengthen hair.

296ml / 0.093 CC

GR: 29,09€ | CY: 27,92€

#647

### Aloe Body Lotion

Pure aloe, vitamin E, and oils including jojoba and rosehip combine in a lightweight formula that softens skin and leaves it feeling smooth, hydrated and healthy-looking.

236ml / 0.091 CC

GR: 28,46€ | CY: 27,32€

#617

### Aloe Sunscreen

This SPF 30 sunscreen protects the skin from UVA and UVB rays for up to 60 minutes without feeling greasy or leaving residue behind.

118ml / 0.083 CC

GR: 25,96€ | CY: 24,91€

#022

### Forever Aloe Lips™

The soothing power of aloe combines with jojoba to moisten and soften lips while three types of wax provide long-lasting coverage.

4.25g / 0.016 CC

GR: 4,89€ | CY: 4,69€





**NEW!**

**#642**

**Nourishing Hair Oil**

Forever's Nourishing Hair Oil features a rich, lightweight blend of aloe and six botanical oils that delivers moisture, shine and frizz control for your hair. Ideal for all hair types, it's silicone-free and plant-based with a light, fruity-floral fragrance.

30ml / 0.111 CC

**GR: 34,68€ | CY: 33,28€**

**#646**

**Aloe Body Wash**

Get clean, hydrated skin with the creamy foam of this gentle, pH-balanced cleanser featuring aloe and vitamins A, C and E with an inviting amber and woods fragrance.

236ml / 0.090 CC

**GR: 28,15€ | CY: 27,02€**

**#061**

**Aloe Vera Gelly**

Perfect for any skin type, this pure inner leaf aloe vera gel conditions, soothes and moisturizes.

118ml / 0.064 CC

**GR: 20,18€ | CY: 19,36€**

**#640**

**Aloe-Jojoba Shampoo**

Ideal for everyday use on all hair types, this shampoo combines aloe vera gel, vitamin A and jojoba to soothe, moisturize and cleanse the scalp and hair.

296ml / 0.087 CC

**GR: 27,21€ | CY: 26,12€**

**#238**

**Forever Aloe Scrub™**

Gently scrub away dead skin cells and debris with jojoba microspheres found in this natural exfoliator that leaves skin smooth without drying or damaging effects.

99g / 0.071 CC

**GR: 22,15€ | CY: 21,26€**

**#284**

**Aloe Avocado Face & Body Soap**

Gentle enough for face, body and all skin types, rich avocado and soothing aloe vera moisturize and soften skin, leaving behind a fresh citrus scent.

142g / 0.019 CC

**GR: 6,07€ | CY: 6,81€**

# 42

## Personal Care

The finishing touches — like a dab of hand sanitizer or minty fresh toothgel — are just as important for your health and personal hygiene. So, don't forget about these personal care products that will help you look and feel your best throughout the day.

#040

### Aloe First™

Made with aloe vera gel, bee propolis and 11 plant extracts, this pH-balanced spray is great for both skin and hair, providing a soothing mist for all skin types and a barrier between hair and the elements.

473ml / 0.085 CC

**GR: 26,49€ | CY: 25,42€**

#067

### Aloe Ever-Shield™

Protect against underarm odor with this deodorant that's made without antiperspirants or aluminum salts, instead using the soothing power of aloe for a smooth glide onto the skin.

92.1g / 0.032 CC

**GR: 10,09€ | CY: 9,68€**





## #070

### Gentleman's Pride™

An aloe-powered, alcohol-free aftershave moisturizes sensitive post-shave skin, providing a cooling, fresh feel.

118ml / 0.064 CC

**GR: 20,18€ | CY: 19,36€**

## #318

### Forever Hand Sanitizer®

This formula is rich in aloe vera to keep hands soft and smooth after sanitizing, killing 99.9% of germs.

59ml / 0.014 CC

**GR: 3,78€ | CY: 4,24€**

## #028

### Forever Bright™ Toothgel

Keep teeth, gums and breath fresh and clean with this fluoride-free and natural peppermint-spearmint flavored formula safe for kids and adults.

130g / 0.031 CC

**GR: 9,77€ | CY: 9,38€**

## #633

### Aloe Liquid Soap

Naturally derived cleansers wash dirt and debris from the whole body, nourishing skin with pure aloe vera and a blend of jojoba and argan oils for a fresh, renewed feel.

473ml / 0.075 CC

**GR: 20,69€ | CY: 23,23€**

## #643

### Forever Alofa™ Fine Fragrance

This bold fragrance exudes sophistication with a botanical blend of spiced woody notes like bergamot, plus the refreshing aromas of cypress and citrus.

30ml / 0.134 CC

**GR: 41,87€ | CY: 40,19€**

## #644

### Forever Malosi™ Fine Fragrance

This alluring fragrance captures the essence of elegance, featuring floral notes of sweet jasmine that intertwine with crisp citrus and warm sandalwood.

30ml / 0.134 CC

**GR: 41,87€ | CY: 40,19€**

# Forever's Aloe Grown in the Dominican Republic: **Now Certified Organic**

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**Forever's aloe vera plants grown in the Dominican Republic, and the inner leaf aloe vera gel extracted from them, are now 100% USDA organic and 100% EU organic.**



For 46 years, we have been dedicated to environmental responsibility and prioritizing sustainability in our product offerings. These esteemed designations are a testament to this commitment, which includes cultivating our aloe plants without synthetic substances, and instead, with a helping hoof from our herd of nearly 3,000 goats that provide natural weed control and fertilization.

But our commitment doesn't end there. The water used to clean the aloe is recycled back into the aloe fields, and after harvest, the outer leaves of our aloe plants are added back to the soil, enriching it for future generations.



# New Ways to Support Your Immune Health





#672

**Forever Absorbent-D™**

Forever Absorbent-D™ provides an excellent source of vitamin D to support immune health and help maintain healthy bones, plus antioxidant vitamin E, in a chewable tablet with a naturally sweet prickly pear flavor.

60 chewable tablets / 0.057 CC

**GR: 17,81€ | CY: 15,08€**

#676

**Forever AloeTurm™**

Forever AloeTurm™ is a convenient way to support your immune health with a combination of turmeric and zinc in a mint-flavored hydrogel lozenge that dissolves in your mouth.

10 hydrogel lozenges / 0.026 CC

**GR: 8,13€ | CY: 6,89€**

€453,05

€434,78

You Pay 1.526CC  
You Earn 2.000CC

€446,83

€378,36

You Pay 1.511CC  
You Earn 2.000CC



#634B & 634C

**Start Your Personal Use Pack**

#634B SYPU - Forever Lite Ultra Chocolate / 2.000 CC  
#634C SYPU - Forever Lite Ultra Vanilla / 2.000 CC

GR: 453,05€ | CY: 434,78€

#634A

**Start Your Journey Pack**

2.000 CC

GR: 446,83 € | CY: 378,36€

# Jump-start Your Forever Journey

Interested in earning extra income\* by sharing Forever's products?

A Start Your Journey Combo Pak includes a selection of Forever essentials, including our flagship Forever Aloe Vera Gel®, so you can try a variety of products, share them with others, and even sell them at retail price. You'll also get business building tools to help you reach your goals even faster.

A pack is one way to opt into the Forever business while getting a taste of Forever. It also puts you on the fast-track to becoming an Assistant Supervisor and receiving a 30% discount on every Forever purchase.



Scan the QR and discover our packages!

## To get started:



Visit [www.foreverliving.gr](http://www.foreverliving.gr)



Select a Start Your Journey Combo Pak



Complete your profile and sign up as a Forever Business Owner

[foreverliving.gr](http://foreverliving.gr)



\*Forever makes no guarantees on income or success. Your success depends on your effort, commitment, skill and leadership abilities, and how effectively you exercise those qualities. Please see Forever's Income Disclosure Statement at [foreverliving.com/income](http://foreverliving.com/income) for more information.



Forever Business Owner:

FOREVER LIVING PRODUCTS\*

